

'Healing with the Lyre' Workshops

3. Tones and Sequences Towards Therapy :-

Christof-Andreas Lindenburg. Playing mirrored scales and mini-melodies for people with special needs, and also intervals and tone sequences addressing the Inner Life Household.

4. The Lyre and Breathing :- Suzanne Heinz. Exploring how the player and the music breathe in harmony, using pieces by Arvo Part, and single tones.

5. Where Pedagogy meets Healing :- Sheila Johns. The healing role of the lyre in the Waldorf curriculum, and with teaching individuals and groups.

6. Therapeutic Music in Curative Education in the U.K. and Ireland :- Edeline Le Fevre, Antoine Roulet and Christoff Reppel. Basic elements of music applied therapeutically. The development of the therapeutic lyre.

7. A Path of Listening through Mirrored Scales :- Channa Seidenberg. Discovering the unique qualities in the tonal and rhythmic aspects of the 7 mirrored scales, and developing a sense for their restorative nature.

8. The Way to Silence – a Source of Healing :- Christian Giersch. Basic exercises in free playing, and simple lyre compositions, to develop the way to produce and receive silence as a spiritual power.

9. Accompanying Threshold Experiences with Music :- Kerry Lee. Improvising with the lyre, we will explore personal and common thresholds, and how we can help ourselves and others work through them.

10. The Importance of the Lyre in Music Therapy :- Anna- Barbara Hess. Exploring the relationship between lyre music and human emotions.

11. Singing with the Lyre as a Listening Therapy :- Diane Ingraham Barnes. Beginning with Werbeck singing exercises, we will explore inner experiences of tones and intervals.

Groups for Playing the Lyre

A. Tune your Ears through Semitones and Scales :- Dorothy Wright. Understanding any scale structure gives access to the soul qualities of other musical cultures.

B. Beginning to Play the Lyre :- Peter Rebbe. All you need is courage, both hands and both ears for a new experience of playing.

C. The Creative Human Being, Living with Freedom and Limits :- Petra Rosenberg. Through improvisation, we will create our own compositions, within a given structure.

D. Explore the Lyre :- John Billing. Six pieces by Christof-Andreas Lindenberg, composed 40 years ago. A landmark in the development of lyre playing.

E. Japanese Pentatonic Scales and Pieces :- Noboko Izumoto. Each of the 4 scales represents a characteristic mood, and their qualities will be explored through songs and improvisation.

F. Improvisation with Lyres and other Instruments :- Eric Speelman. Playing lyres in combination with other specially developed Choro instruments.

G. Listening through Cadences :- Maria Hollander. Discovering the connections between cadences in music and our being as a three-fold man.

H. Anyone Can Learn to Play the Lyre :- Veronica Jackson. Introducing the lyre to provide extra help, or build up playing.

I. Accompanying Songs with the Lyre :- Gerhard Beilharz. Exploring various forms of accompaniments, discovering harmony, and writing exercises.

J. Playing While Listening - Listening while Playing :- Hajime Kira. A healing power can only be created by playing and listening in a breathing motion. Individual and ensemble playing.



Third International Lyre Conference

'Healing with the Lyre'

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In association with Camphill
Communities Trust (N.I.)

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